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PRIMP!

# StyleWatch

SEPTEMBER  
2016

EASY AS 1, 2, 3

## De-Puff Undereyes

Whether you woke up with bags after an all-night Netflix binge or you've always had an issue, here's how to banish them



First Aid Beauty  
5 in 1 Eye Cream,  
\$32; [dermstore.com](http://dermstore.com)

### 1 MOISTURIZE

Use a cream a.m. and p.m. that will keep the area around your eyes hydrated while protecting the collagen in your skin. Also get into the habit of massaging in your product with a cool-tip metal applicator—it's gentle and soothing.



Chanel  
Le Lift Firming  
Anti-Wrinkle  
Massage  
Accessory, \$45;  
[chanel.com](http://chanel.com)

ONE SIDE IS FOR EYES ★  
& ONE IS FOR YOUR FACE

### 2 SLEEP ELEVATED

If you lie completely horizontal, fluids will accumulate throughout the night, causing puffiness, explains dermatologist Dr. Ashley Magovern. So prop yourself up with at least two pillows.



Yes To Cucumbers  
Soothing Eye Gel,  
\$15; [drugstore.com](http://drugstore.com)

### 3 FIX THEM FAST

Look for a cooling gel with green tea to use in the morning when eyes need extra lovin'. The caffeine will help constrict the blood vessels around your eyes, allowing fluids to drain faster, says Dr. Magovern.



TAKE IT EASY—  
NO TUGGING  
OR RUBBING!

Rachel  
McAdams

*It's Finally Here!*

## FALL FASHION

Hot Looks for Every Body!  
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You're  
Gonna  
Swear By



346 TRENDY FINDS  
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your  
perfect  
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