



MANHATTAN DERMATOLOGY

VIVACE TREATMENT INSTRUCTIONS

WHAT TO EXPECT DURING + AFTER VIVACE TREATMENT

- Pinpoint bleeding
 - Redness
 - Swelling
 - Some discomfort
 - Pressure
 - Tingling sensation from numbing cream
 - Warmth/heat
 - Sunburn sensation
 - Crusting
- In some spots of the treatment area, pinpoint bleeding may occur. Redness may present during and after treatment. Not all areas will experience the same erythema.
- You may also experience swelling after the treatment. To help minimize swelling, you may use cold packs and sleep elevated with a few pillows at night.
- Up to 24 hours post treatment you may experience warmth comparable to a sensation of a sunburn. This is normal and can be alleviated with cold packs.

NO PRP: POST-CARE

- At home, you can apply Enhance Mask for 15 minutes within the first 4-6 hours.
- Use the Soothe Recovery System (Cleanser, Spray, Serum) twice daily for up to 1 week. Use the Balm twice daily for up to 3 days.
- Avoid vitamin C, retinoids, glycolic, salicylic, alpha and beta hydroxy acids for 1 week.
- Do not wear makeup for at least 6 hours post treatment.
- Avoid direct sun exposure for 1 week.
- Refrain from exercise for 24 hours.
- Be sure to use sunscreen daily. We recommend a physical sunscreen (containing zinc).

PRP: POST-CARE

- Leave PRP on skin for 6 hours. Wash off using Recovery Cleanser.
- Use the Soothe Recovery System (Cleanser, Spray, Serum) twice daily for up to 1 week. Use the Balm twice daily for up to 3 days.
- Avoid vitamin C, retinoids, glycolic, salicylic, alpha and beta hydroxy acids for 1 week.
- Do not wear makeup for at least 5 hours post treatment.
- Avoid direct sun exposure for 1 week.
- Refrain from exercise for 24 hours.
- Be sure to use sunscreen daily. We recommend a physical sunscreen (containing zinc).

If you have any questions or concerns, or experience an unexpected reaction, please call us immediately. A physician can always be reached after hours through the answering service. We are happy to speak with you any time: (310) 546-1188.